BAR HILL NEWS

Brought to you by the Bar Hill Residents' Association
April 2021 Issue 622

A Thoughtful Gesture To Us All

I was surprised and delighted to receive the Chairman's Commendation for the work of the COVID-19 Support Scheme.

This thoughtful gesture should be shared by our entire village community.

Here is an extract from the County Council Chairman's statement which accompanied the certificate of Commendation:

"On behalf of Cambridgeshire County Council, I would like to thank you for your contribution and I am delighted to attach a Chairman's commendation certificate as recognition of your services and support during the Covid-19 pandemic.

We also plan to honour the organisation publicly on the County Council website as part of a 'roll of honour' and plan to mention the work you have done as part of our ongoing media updates about how Cambridgeshire came together and supported each other during this time."

I hope like me, that although none of us who offered to serve did so with any sense of requiring recognition, this thoughtful commendation puts a smile on your face.

Warmly,

Kevin Potts

(on behalf of the COVID-19 Volunteer Core Group)

BAR HILL RESIDENTS ASSOCIATION

Each month we will be introducing you to a different member of our Residents Association, so you can learn more about the people who are working on your behalf in the village.

This month, we are featuring the Treasurer and Advertising Co-ordinator for the Residents Association;

Name: Anne Bensted

Position on Committee: Treasurer

How long have you been a member of the RA?

Since October 2018

What made you join the RA?

I like being Treasurer.

How long have you lived in Bar Hill?

Since September 1986.

What is your favourite thing about living in the village?

I like everything being local.

If you could change one thing about the village, what would it be and why?

Nothing really

What are your hobbies?

I like watching sport on TV especially rugby union. and Arsenal football club. I was a member of Arsenal for 30 years when I worked in London. My other hobbies are knitting and tapestry sewing. I also enjoy travelling and have travelled extensively.

What's your favourite way to spend your day off?

I am retired so I get most days off.

You won the lottery tomorrow, what would be the first thing you'd do?

Buy a new car.

Would you like to join our Residents Association? We meet once a month (when permitted!) and are always open to ideas for enhancing life in our village and working with partners to develop our community.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

Catholic Church Serving Bar Hill

Hills Road, Cambridge

Parish Priest: **Fr Adrian Gates** (Hospital Chaplain (Resident in Ditton), 01223 622690)

Local Contact: **Bunty Waters** (Tel: 01954 201421)

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Bar Hill Post Office

During the Coronavirus our local Post Office in Bar Hill has revised opening hours. These hours currently are;

Monday 9-5.30

Tuesday 9-2.30

Wednesday 9-5.30

Thursday 9-12.30

Friday 9-5.30

Saturday 9-12.30

The library is open Tuesday and Thursday afternoons (when the Post Office is closed).

The intention is to post updates, where times change, to the Bar Hill Community Facebook group (via the Residents Association).

CHRIS'S BIKES

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Bar Hill Community Market

We hope that you are all staying as safe as you can at this time and wish you a healthy 2021.

Just to let you know that at the moment we are not able to have our community market which we are missing greatly as a way to come together and a way to raise funds for our village. We have over this last year donated money to the Covid 19 Scheme which, has been doing a fantastic job of supporting people here in our village, also the Church.

We will as soon as we can safely have a market but await the time when we can all be safe.

Please be assured that we will have a community market up and running again as soon as we can do this safely!

Hope to see you all as soon as we can in 2021.

Karen and Adrienne

NOTICES & LETTERS TO THE EDITOR 1/2

Please send your letters & notices to **bhneditor@yahoo.com**. Thank you!

To all the residents of Bar Hill and Staff at Tesco

GOODBYE FROM HEARING DOG CLYDE

I have had a wonderful time living in Bar Hill, I will miss all my friends who stroked me and gave me lots of attention and lovely treats.

Diana (or Grandma as me and all the family call her) thinks she is my boss ha ha!! Over the years I have trained her to pick up my toys if I drop them when we are out and if something falls onto my bed I stand and look at her and use will power until she gets up and moves if for me. She is in fact MY PERSONAL ASSISTANT who I will now refer to as my PA.

My PA knows I must be fed on the dot, if she is late I put my foot down hard on her knee until she gets the message and gets my meal out for me. Sometimes she spends too much time watching TV or working (she says) on her Ipad, so I put my head on her knee and try to look really sad or fetch a toy and keep nudging her with it until she gets the message and plays with me. It is quite easy to make her do exactly what I want so who's the boss here?

Sometimes if my PA feels a bit sad I cuddle up to her so she knows she is not alone. then I get a lot of fuss made of me, so we both end up feeling happy. My first job of the day is to wake my PA when the alarm goes, so after I have had a few yawns and stretches I go to her bed and tap her gently on her arm so she gets up, then I go back to bed for another nap. When my PA is ready to go downstairs I get up and stand in front of my food cupboard so she knows my food is more important than her own. I then allow her to have her own breakfast. Afterwards she knows it is time to go for the first walk of the day. I quite like the rain so I always take a lot of time in deciding where to do my business, my PA waits patiently until I am ready then we go back home where I insist she towels me dry before she takes her wet things off. I specially like drying my head on her trousers but I don't think my PA enjoys it as much as I do!!

We are going to live in Yorkshire, my PA says it is very beautiful with lots of lovely walks I will enjoy, she says it will be colder but I have a lovely cosy fur coat so I won't mind that. We also have lots of family near by, they all have dogs of their own so I will have plenty of new friends to play with, although they are much younger than me, so I will have to make sure they know who's boss. I will be very gentle but very firm with them. If that doesn't work I will make sure my PA takes my side and doesn't let them upset me. When I was little I was attacked by a small dog so I don't really trust them, if I am not on a lead I go the long way round them if on the lead I stand behind my PA on the grounds I'd rather it bit her not me as she is bigger than me.

We will miss all our friends and family, my PA and I loved living in Bar Hill which is a lovely friendly village but we are both looking forward to new adventures but we won't forget old friends and we will be coming back on visits, maybe we will see you all then.

We both say thank you to everyone for making our years here so happy and for the help, friendship and comfort we had from so many wonderful people when John sadly died on his way back from a holiday with my PA in Australia. Bless you all, stay safe and well, hopefully life will return to something like normality so we can all enjoy life to the full again.

Best wishes to you all, from Clyde and his PA Diana

PS: my daughter has Scarlett's Vintage Tea Rooms in Knaresborough, so if you are up in Yorkshire do call in and she will let me know so I can pop over to see you - Diana

CAMBRIDGE FESTIVAL

FREE Online - 26 March - 4 April 2021

www.festival.cam.ac.uk

This event replaces the Cambridge Science Festival and the Cambridge Festival of Ideas.

Editorial

April 2021

Welcome to Spring!

It's really nice while out walking round the village to see all the blossom appearing on the trees as well as the daffodils adding a beautiful yellow to the grass verges.

I'm writing this in the middle of March hoping that, by the time this issue reaches you, our time in lockdown will have started to end with the rules changing to allow six people from six different households to meet up outside as well as a very welcome return to organised sports for children and adults.

It's certainly been a very difficult few months, but with the rollout of the two approved vaccines well underway (more than 50% of adults have, as I write this, had their first dose), as well as children returning to school the country seems to be returning to a new normal. Fingers crossed for summer!

In this issue we have the first of a new series by our features editor highlighting businesses and entrepreneurs within our village, as well as a large number of updates from our local clubs and societies as we come out of lockdown.

Finally, a huge congratulations to everyone in the village for us, as a community, being awarded a commendation from the County Council recognising the work we did supporting our friends and neighbours during the COVID-19 pandemic. This was fantastic news and well deserved.

Until next month, stay safe!

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CALL: 07836 697801 - Mr Paresh Sodha

NOTICES & LETTERS TO THE EDITOR 2/2

Please send your letters & notices to **bhneditor@yahoo.com**. Thank you!

Dear people of Bar Hill,

There is an official looking text message going round which looks like it is from Royal Mail saying that they have to pay money to receive their parcels. They are advised to put in their bank details to pay for the parcel. **This is a scam.**

Royal mail would never ever send a text message out to people asking for money for your parcels. IF you have received one of these and would like reassurance that it is a scam, please do feel free to approach your post-person while they are on their rounds who will be more than happy to take a look and reassure you that this is not genuine.

Yours,

Your Postman John x

Dear Editor,

It is amazing how many public spirited people there are in Bar Hill. No shortage of volunteers to care for the elderly and the vulnerable, to do shopping, pick up prescriptions, help to fill in forms, even unscrew tight bottle and jar tops. There were many offers to take us to get our covid jabs. One neighbour even does my washing and changes the water in my bird bath.

We owe a big thank you to the Bar Hill News, the editor, the team and to the foot sloggers who deliver it. Wishing Alice Webb a happy retirement. She has done so much for the magazine. Thanks too to Liz Dams for her helpful info on hedgehogs and other wild life.

Elizabeth Thoday.

Dear residents,

We know it's harder to pass clothing on to charities at the moment, but binning clothes has a huge impact and, what's more, they can't be recycled in your blue bin either. In fact, putting textiles in the blue bin causes huge problems! Please drop off clean clothes, even if they are completely worn-out, at clothing banks (while on essential journeys, or store them in your loft, wardrobe, spare room or car until you can get out to drop them off).

Thank you,

Bunty Waters, Foxhollow

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Poem of the Month - April

William Wordsworth, "Lines Written in Early Spring"

Through primrose tufts, in that green bower,

The periwinkle trailed its wreaths;

And 'tis my faith that every flower

Enjoys the air it breathes.

The birds around me hopped and played,

Their thoughts I cannot measure:—

But the least motion which they made

It seemed a thrill of pleasure…

Deadline for next issue is 6pm on the 15th of the month, please send submissions to **bhneditor@yahoo.com** - the earlier the better! (space is allocated on first-come basis!)

BAR HILL COMMUNITY FOCUS 1/3

Within the village, we are lucky enough to have several entrepreneurs who are running businesses out of their homes. Having been able to benefit personally from several of these businesses - as well as having a list of the other businesses I am keen to try out, I thought it was time to speak to the people behind the business as I believe that this is just one of the things which makes Bar Hill great.

Karen Eagan is the owner of Cloud 9 Holistic Hair and Beauty, located in Bar Hill's own Pheasant Rise. She specialises in hair and beauty treatments, and has the overall aim of wanting to make each and every one of her clients feel good on the inside.

This month I was lucky enough to take a (socially distanced) walk with her, so I could ask her about her business, what drives her, and what made her want to start her own business.

Lottie: So Karen, why don't you start by telling me about how Cloud 9 came to be?
Karen: I was a child minder for 12 years and I always wanted to work at home so I could be the one to do the school run and to just be there for the kids. But as the children got older, the childminding didn't fit in with them and their lives anymore – and I was ready for change, something a little calmer. I absolutely loved the children, but I just felt it was time for a new challenge.
The idea actually came from spiritual readings; every time I had a reading, they would say to me that I was a healer. I have always been a confidant for my friends, and I took that as a sign. People had spoken to me about reiki and Indian head massage, so I decided to start there; I wound down one business as I started to build up the new one by doing my qualifications. I built a studio in my garden so I could still be there with my children, still be the full time mum that I wanted to be, but also have a separate calm place for me to be with my clients.

L: And where did the name "Cloud Nine" come from?
K: This actually took me ages to decide what I wanted it to be called. The whole idea behind my business is that no matter what you are coming to me for – whether it's your wedding hair and make-up, or it's a Thai foot massage or reiki healing, the whole idea is that you feel better when you leave than when you came in. It doesn't matter what you look like on the outside - it's not about me making you be beautiful. It's about you feeling better, calmer and more balanced, and being better able to deal with life's many stresses. I literally want you to feel like you are on cloud nine, and so that is why I chose the name.

L: And when you first opened, what was it that you initially offered?

Is there a organisation here in Bar Hill that you'd like to see featured for next month? If so please contact the editor via email **bhneditor@yahoo.com** or on **07814 871752**.

K: The first thing which I offered was Indian head massage, and I did that course just after I got married in 2018, quickly followed by reiki right after that. I was actually working out of my dad's empty house before he rented it out so that I could practise in a quiet safe space. I really believe that everything happens for a reason, and what happened next really proves that. One of my friends asked me if I would be interested in working with her. She said that she was looking for someone to come into her company to do treatments for their wellbeing at work. However, there was only one day which their office could do as that was the only day when everyone was in the office. At this point I was thinking "this is never going to work" because I was still childminding. So I said to her that I would absolutely love to, but the only day which I could do was a Thursday as that was the day which I didn't have children during the day. And it turned out that the only day they could do was a Thursday. So it really was meant to be!
So I went there and offered treatments to the employees, and the difference which it made to the staff was unreal - it was amazing to see and I really loved it.
And then from there, they introduced me to another company, and before I knew it I was working at the science
park, booking.com and it went from there...
And then covid happened. So I am now in the process of trying to find a way to work around this, because in my opinion, the biggest stresses in peoples' lives can be at work, and I really like the idea that they can go home from work and feel so much better and calmer for only spending 5-10 minutes with me.

I worked with a company where they did 10 minute appointments; the employees would come in visibly stressed, shoulders hunched and just unhappy as they'd just been shouted at on the phone (for example), they'd have a 10 minute head massage and they would look and feel so much better – and as a result they were more productive. I just want people to know that it is possible to de-stress during a stressful time in their lives. And that is really what this is all about for me – yes it's hair, yes it's nails, yes it's makeup, as well as the holistic treatments, but it can be anything as long as it's making you feel better. Mental health really is so important.

L: What is the biggest part of your business at the moment would you say?
K: Nails. Defiantly nails. It's the thing which people regularly come back for and because of what happened over the last year, to ensure that I stayed as covid secure as possible, I actually chose to only open up a small portion of my business – which was nails and toes.
But during this time, it has given me time to look into new projects and I am about to embarking on a new venture to add to my business, and I am about to start training in reflexology at the London School of Reflexology which I am really excited about.

L: So I have seen on your social media pages that you do kids pamper packages now. When and how did that start?
K: It started when one of my clients asked me if I could offer her daughter a pamper party – which previously I hadn't offered before. But I just decided to go all in and I

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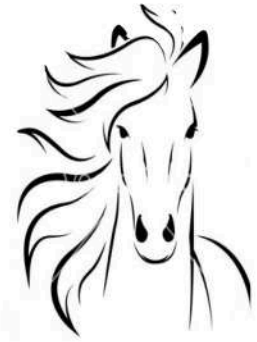

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went online and bought robes, glitter, foot spas – the lot. And it just went from there, and the kids just love it. I would go to their houses for 6-8 children, they would take it in turns to have foot spas, I would do make-up stations and I would do the hair styling. I also brought my daughter along (she's a teenager and I found the kids really enjoyed having her there). And then covid happened. So I then wanted to find a way for the little ones to still be able to come along and have a birthday treat – and that's when the kids pamper package was created. They could come along to the studio with a sibling or parent and have a treatment, and actually I cannot believe how well this has gone. I think because they get to come into the studio, they get to have their grown up experience and its more relaxing for them. They have a massage, nails and toes painted, foot spa and it's a really special experience for them. It started as another way of changing and moving with the covid times, but I am definitely keeping this one.

Lottie: What do you do in your spare time?
K: I work out, spend time with friends and family, I drink too much wine, I walk my dog and I just generally try to be happy. Oh and see my husband!

L: What are you most looking forward to when the restrictions are finally lifted?
K: I am looking forward to hugging everybody. I just want to hug everyone. I can't wait for it to just be normal, and I can't wait for my niece and nephew to properly be able to get to know their cousins again. They're so little and so for them it's normal for them – they don't remember anything else. They just think it's normal to not get too close to people, and not to touch things. And I can't wait for them to come in and hug me and not have to wash their hands anymore. Oh, and clubbing.

Cloud Nine

Lottie: And have you always lived in Bar Hill?
K: Well I moved here when I was 2, but I bought my first house in Over when I was 20. When Sophie was 9 months, I moved back to the village. My mum was a child minder, and I always knew I wanted to do the same. I knew the village, I knew the community and I love that its' safe – there are no roads in the middle of the village and I just love that. I loved Over, but I never felt like I was at home in there. So we moved back, and we won't move now.

Lottie: Finally, how do you see Cloud Nine growing and expanding in the future?
K: Well I keep going off on one, and thinking I'll go one way, and then I find something else. But with the reflexology course, I really love this concept and I really want to push this. I would love to go out and do more workplace treatments too. I have also chosen a reflexology qualification which will enable me to go out and work for the NHS if I want to, and I think complimentary therapy is actually something which should be recognised more by GPs because if we can heal people without tablets, then we should!

I hope that in the future that I can keep helping people to feel better, physically, mentally or even through hugging!

For more information on Cloud Nine, or to look over or book a treatment with Karen, visit **www.cloudninehb.com**.

Is there a organisation here in Bar Hill that you'd like to see featured for next month? If so please contact the editor via email **bhneditor@yahoo.com** or on **07814 871752**.

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Bar Hill Church news

Currently we continue to hold church services **online only**. It is unlikely we will resume in-person worship before May, and when we do we will begin with the combined Zoom and in-person format that we used successfully in autumn last year. Therefore these plans are times and Zoom details remain relevant even if our brought forward.

Thursday 1 April 19:30 Maundy Thursday Communion

Friday 2 April 10:00 Good Friday Meditation

Sunday 4 April 10:00 **Easter Day**

Sunday 11 April 10:00 All Together Worship

Sunday 18 April 10:00 Morning Communion

Sunday 25 April 10:00 Blessing of Pets service

All the Sunday service start at 10:00 am using Zoom, details below:

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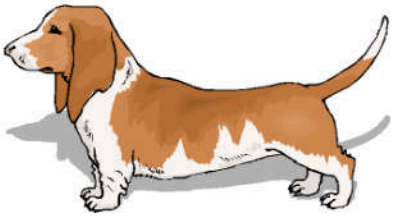
Meeting ID: 882 9761 3899
Password: 284740



Church Contacts

Church Office	Ian Pryke	01954 206120 or 07395 939282
		church.office@barhillchurch.org.uk
Minister	Rev Charles Mather	01954 277119
		Charlesmather20@yahoo.com
Address	Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH	
	Website	https://barhillchurch.org.uk
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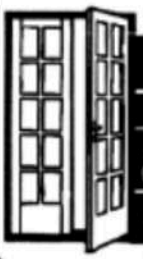

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Dear John ...

Meet our newest "agony aunt", here to help you through any and all problems you may be facing – John Houston.

With no years of experience, but plenty of enthusiasm, John is here to listen and respond to whatever you feel you need some un-edited and real advice on. Read on to see how John has advised two of our villagers this month!

Dear John,

Please can you help – my sister's husband (who is a Lord) seems to have gone above his station. Is there any way to cut him down to size?

Worried from Bar Hill J

Dear Worried,

This is how I see it: I want you to imagine the following scenario:- if the friend of yours won the lottery and bought a round of drinks, people would say they are being flash. However, in reality, they would have bought that round of drinks before winning the lottery. So really, he probably hasn't changed; it's just the perception of him that has. So, I think that the chap who is the lord is still the kind, loving, wonderful brother in law that you have always known - it's just your perception which has altered. You need to see him from another angle, and just accept he's most likely the same. You are the one who thinks he is above his station, but he isn't really.

You should be very proud to have a lord for a brother in law, and embrace it. If you feel he is speaking down to you, perhaps it is time to look at things from his point of view. It's all about the way in which we view other people. So I think that it's not that he is being above his station, he is just behaving how he would normally.

Dear John,
I'm a 32-year-old guy with a good job and would consider myself fairly successful. The problem is my mother keeps asking me when I'm going to settle down and give her grandchildren. The problem is, I don't see this ever happening. I'm not really interested in women, or men for that matter and I'm only sexually attracted to inanimate objects. At the moment, my heart belongs to my automobile Sadie - a blue Volvo V90. We enjoy a good love life together and sometimes I'll sit in my garage and caress her or touch myself whilst stroking her steering wheel and soft leather seats. I know this isn't normal, but am I supposed to settle down and have children to please everyone else? Sadie is my world and I'm not sure I can share that love with anyone else.

Regards, Ronny

Dear Ronny,

You should not feel pressured into having children, or settling down. However, I do feel your pain as I do have a similar problem. I have a motorbike which I really enjoy spending time with – I just love feeling the engine between my legs, which I know you can understand. The way which I got around this problem was that I took my mum out on the motorbike so she could also feel the engine beneath her legs and she immediately understood where I was coming from – she even bought a motorbike of her own!

So my advice is, to take your mum out in the car, and when she fees the leather seats and is able to caress the car for herself, she will understand the passion you have and where you are coming from. She may even start to enjoy it and get just as excited as you are, and perhaps she will get a car of her own – and then leave you alone.

I hope this helps!

Do you have a problem which John can help with? Email us at **bhneditor@yahoo.com**.

Please note that John, nor any of the volunteers at the Bar Hill News, are professional councillors, so if you need to, please do seek professional help.

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Bar Hill Sports and Social Club

The Social Club is currently closed in accordance with government guidelines but we look forward to welcoming our members back as soon as we are allowed to open.

(April 2021 Update): The Social Club remains closed but we look forward to welcoming our members back in mid May if government guidelines allow.

Half price membership renewals have been extended to the end of June and new memberships have 25% off until then too! Please visit **www.membershipmojo.co.uk/barhillssc** to renew online and check out our website **www.barhillssc.co.uk** for everything else.

If you experience problems please email **bhssc.secretary@outlook.com**

To keep up to date with what's happening at the club check out our new website **www.barhillssc.co.uk**

Crafts Shed

We continue to operate in spite of the national LOCKDOWN, as individual members working from their own garages.

We have the following for sale:

- Bird Nesting Boxes various colours and shapes **£10**
- Bird Feeding Tables **£30**
- Bug Boxes **£7 - £10**
- Boot racks **£30**

These items are available from either Chris Graham **07913 013920** or Chris Stannard **07711 623425**

Other items can be made to order.

Chris Stannard, Chairperson

Bar Hill Cricket Club

We're planning to start the cricket season on schedule, offering league matches on Saturdays and midweek evenings, plus youth training nights.

We are aiming to start youth training on Wednesday April 28 from 6pm-7pm on the village green. All ages from 8-15 are welcome and – initially at least – sessions will be free of charge.

We have received a Sport England grant to help us get back to play, which means we can invest in extra equipment for training, so sharing will be minimised. Sessions will be run by qualified and DBS-checked coaches, in compliance with all guidance set out by the ECB and the Government.

All this is of course dependent on the Government's roadmap for removing restrictions happening as planned, so please keep an eye on our website at barhillcricket.org.uk or on our Facebook page for the latest information.

Adult matches are due to start on Saturday May 1, when the first team are scheduled to be at home to Comberton.

We are running two adult Saturday teams – the seconds start on May 8 – and are in need of a few reinforcements. Anyone interested, please contact me on the number below or email **info@barhillcricket.org.uk**

If you are interested in playing cricket – whatever your age, gender or ability, we hope we will be able to provide something for you this summer!

For the latest information, keep an eye on **www.barhillcricket.org.uk** or our Facebook page.

Paul Stimpson 201212

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We hope that all our customers have managed to avoid the coronavirus and that their families are all in good health and looking forward to receiving their vaccine and entering the 2021 new normal.

The Friends of the Rosie are enthusiastic volunteers whose aim is to improve the services the hospital provides by raising money for items that the NHS does not buy.

We are selling new items on our rosieinstitches.org.uk website and facebook marketplaces and second hand items in our **rosieinstitches2010** charity store on eBay.

Unfortunately we were unable to hold an AGM again this year because of the pandemic. Our Chairman has reported on the very difficult year for everyone, but particularly so for Amanda Rowley, our Head of the Maternity Unit, and all her staff, who have had to manage childbirths without partners and very limited visitors. We are in contact with all our Committee members, but as we are unable to run our Teabar, the only remarkably success has been our Rosie in Stitches online sales.

After expenses for eBay and Paypal fees, postage, packaging and insurance Rosie in Stitches made £3,955.93, the most we have made since our last record year, 2012.

On March 17th 2020 our Rosie tea-bar was closed due to the spread of Covid 19. At that time we were struggling to find enough tea-bar volunteers, but a year ago none of us imagined we would still be closed a year later. We ensured our food stocks were not wasted by giving most of it to the Queen Edith's food bank. Clinic staff were delighted to be given some of the chocolate items.

Our tea-bar has been much appreciated by patients and staff in the past. It will be great when we are once again able to open but only when it is safe for everyone.

We all hope this coming year will be more productive for us all.

If you have been tidying another cupboard, we are still welcoming donations of craft materials. One customer gave us a car full of children's clothes which we have sold in bundles on eBay making £22.

We need to find alternative storage space for the items we have for sale. If you have a garage or a shed that you are not making full use of would you consider letting it out to our charity.

The Rosie Hospital are still not able to accept donations of knitwear at this time. As soon as we hear that they are in need of items, this information will be shared on our facebook page.

We are still unable to run our Friends of the Rosie tea bar in Clinic 21 due to Covid19. We are unable to say when our tea bar will be able to open again as most of our volunteers

are of retirement age or older. We will provide you with regular updates when we know more. We would be able to open sooner if our volunteers were younger. We also need more volunteers.

If you know of anyone who might be interested. Please contact Ann Laskey (**annlaskey@icloud.com**) for more details of what would be involved.

New members are always welcome, whether to contribute financially, to join our team of knitters, provide transport for our volunteers, display a small selection of our wares or to help on the Rosie tea bar.

Contact Mary Sanders on **01223 356615** further details are given on our website **www.rosieinstitches.org.uk**.

All the very best for Easter.

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Easter Closures

The surgery will be closed on Friday 2nd April (Good Friday) and Monday 5th April (Easter Monday). Please ensure you have enough medication for the holiday weekend. Please order from Dispensary no later than Tuesday 30th March.

Contact Details

Please ensure the surgery has your most up to date contact details including your mobile number and home phone. We are using the details on your medical record to invite you for your covid vaccine as soon as you are eligible. If we cannot get hold of you by phone, we will write to your home address.

Covid Vaccination Programme

The surgery is under immense pressure as we continue to support the local GP hub in collaboration with neighbouring practices. Please only contact the surgery about the vaccine if you have been invited. We are getting a vast amount of queries about medical conditions which are exhausting our already stretched resources. We will contact you when it is your turn.

Some patients will receive a letter from NHS England and Public Health inviting them for vaccine before the surgery has been in touch. This is because the large vaccination hubs are able to provide more appointment availability and can work through the eligible cohorts at a different pace. These letters will provide a website address or ask you to call 119 to book an appointment, and divert you to vaccination centres within a 40 mile radius (the most local being centres in Cambridge and Chesterton)

You can choose to wait to be invited by the GP to the local hub in Over, but we cannot indicate time scales as to when this will be. Please do not contact the surgery – we will contact you when it is your turn.

Second vaccinations will soon be due. The surgery will contact you when it is your turn.

Dr Stevens maternity leave

Dr Stevens has now started her maternity leave and will be due back in the surgery later this year. Dr Bhandari and Dr Rej will regularly attend the surgery to cover Dr Stevens. We will provide an update when the baby arrives!

Travel Vaccinations

Due to the travel restrictions, the surgery have a number of specialist vaccinations in stock which need to be used. If you believe you will need Hepatitis A or Typhoid boosters this year, please contact the surgery to make an appointment.

Hearing aid maintenance and batteries

Cambridge Hearing Help (CAMTAD) are still unable to return to the surgery for hearing aid maintenance, however they continue to provide batteries in the post and maintenance/re-tubing service appointments at other locations as part of a limited service.

If your Hearing Aid needs cleaning and maintenance, they have launched a 'drop-off and pick-up 20 minutes later' service at local Hearing Aid Maintenance Centers.

For further information please see **www.cambridgeshirehearinghelp.org.uk**, or call **01223 416141**.

Carers Meeting

Due to the pandemic, the carer's meetings are still currently postponed until further notice. They will be reinstated as soon as it is safe to do so. In the meantime, we would like to continue to support carers in our local community in any way possible. If you are a carer for someone and need advice and financial or emotional support, please contact Sue Lawson at **susan.lawson7@nhs.net** or **01954 260230**.

Lisa Smith

Assistant Practice Manager

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Bar Hill Scouts

At Bar Hill Scouts we have persevered through lockdown and our leaders have worked hard to provide great online activities.

This term we have had cooking over zoom, virtual scout camp, a fun district quiz, a virtual visit from Liz, a cartoonist who talked us through how to draw characters, and a talk from Matt from the British Antarctic Survey about life in the Arctic.

At Scouts, we believe in preparing young people with skills for life and we are really looking forward to getting back to face-to face meetings in April!

We are planning an exciting programme of fun and adventurous activities to make sure young people can develop character skills like resilience, initiative and tenacity; employability skills such as leadership, teamwork and problem solving; and practical skills like cooking and first aid.

Would you like to join?

Groups meet at **Bar Hill Scout Hut** (near the Sports and Social Club):

Beavers (Ages 6 -8): Thursdays.

Cubs (Ages 8-10.5): Mondays.

Scouts (Ages 10.5 -14): Fridays.

Contact **Dave.wright@barhillscouts.org.uk**

Please note that waiting lists operate for the younger sections.

Or perhaps you'd like to help?

We are a growing group and are on the lookout for new assistant leaders and helpers for each section. Contact Dave Wright if you are interested, no experience needed and full training will be given.

Number Plate Recognition Survey

The National Police Chiefs' Council is looking to get your thoughts around the use of automatic number plate recognition (ANPR) in Cambridgeshire through a national survey.

Creating a safer Cambridgeshire

ANPR technology is used by our force and police forces across the UK to help detect, deter and disrupt criminality, including organised crime groups and terrorists.

The number plate cameras, which are governed by strict codes of practice, are most commonly used to alert officers to stolen vehicles, vehicles that have been involved in crime or to help locate missing people. The data they collect can also be used in investigations.

ANPR is a vital tool to help policing stay one step ahead of criminals and better protect people. Your views play an important part in how we do this. The anonymous survey will only take a few minutes of your time to complete.

Your views are important so if you have time to fill out the survey they would be grateful.

The survey is available here;

http://bit.ly/ANPRSurvey2021

Respect and don't touch!

Teach children to respect wildlife and keep a distance. We should never try to touch but appreciate quietly. We are in their habitat and not ours

I know of some residents who every day go out especially to pick up litter. Thank you all for doing this. There is a lot of litter dropped each day that we still see. I hate to imagine without these wonderful people how much worse it would be!

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Warning After Attempted Dog Thefts In Cambridgeshire

Our neighbourhood policing team have sent out an important message following a national rise in dog thefts and a number of attempted burglaries across the north of Cambridgeshire.

Between 16 and 23 February, there were several reports of attempted burglaries and concerns around these being a precursor to dog thefts.

Nationally there has been an increase in reports of dog thefts, however the Police have been made aware of incidents and concerns regarding potential attempted dog thefts across north Cambridgeshire, in particular the Thorney and Whittlesey areas.

They are urging residents across the whole county to be vigilant and report any suspicious activity. Social media can be a great platform for providing information but it is extremely important this information is passed to the Police and not just shared on the internet.

At least five reports have included seeing a blue Audi A3 in the area of the attempted burglaries and suspicious activity, therefore we are asking members of the public to be on the lookout and report any concerns.

Advice on how to best protect your pet from thieves:

- Keep an ID tag on your dog at all times
- Lock gates using bolts at the top and bottom, along with a heavy-duty padlock
- Ensure there are no places where dogs or other animals can escape or be pulled through, if they are left in a back garden
- Never leave your pet in the garden unattended
- Fit a bell or gate alarm so it makes a sound when someone opens it
- Purchase a driveway alarm so you are alerted to any visitors, these can also be used in rear gardens
- Make sure your dog is microchipped and their details are updated so that they can be returned if they are stolen and subsequently found

- Avoid leaving a dog tied up outside a shop or left alone in a car, even for a few minutes
- Take lots of photographs of your dog to prove ownership if it's stolen and then found
- Report dog theft to police straight away

If you have information about a stolen dog or suspicious behaviour, you can report it via the webchat service (via https://bit.ly/2D9KFKH) or by calling 101 if you do not have internet access.

For more advice, visit the dedicated dog theft information page (https://bit.ly/2OzGNs4).

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This year already, the emergency services in Cambridgeshire has already rescued 2 people through this app; one who was stuck in a flood and another who was reporting an outdoor fire.

To find out more, and to potentially help save yours and others' lives – download the what3words app today (scan the QR code).

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Bar Hill Village Hall

Our Village Hall stands in the centre of Bar Hill on the corner of the village green and is available for anyone to hire.

The Village Hall is a registered charity (1002579) and is run by a committee who act as trustees for the hall which is owned by the Parish Council. The hall has had 2 small extensions/alterations over the years and for the last five years we have worked hard to raise enough funds to carry out an extensive alteration and extension of the building in order to bring it up to date, make it fully accessible for disabled people and generally improve the facilities.

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If you wish to book any of these facilities, or to get more information, please call **01954 782414** and leave a message. We'll call back within 24 hours (Monday to Friday). Alternatively you can email us at;

barhill.villagehall@btconnect.com or visit www.barhillvillagehall.com

Olive Tree Bereavement Group

This is normally a monthly meeting for those who have suffered a bereavement and provides a welcome, confidential safe place to talk about issues arising from this experience.

It is run by "CRUSE" trained, experienced people.

Our normal monthly face to face meetings have not yet resumed after the Covid lockdown,

But we had a "Zoom" meeting in March. We intend to offer a virtual monthly meeting on Zoom until we can meet again face to face. The next one will be on Saturday 3rd April. If you are one of our regular members you will be sent a zoom link and if others feel it would be helpful to them please telephone one of us to discuss it and you will be offered the zoom link to join in.

In the absence of meeting in person because of the Covid lockdown we are happy for you to contact either of us by phone if you need to talk or are finding things tough. In the mean time we would love to see you on our zoom meeting on Saturday 3rd April 10.30 -11.30 am.

Chris **781978** or Sue **780260**.

Helping the European hedgehog in April

Most hedgehogs are now active and still building up body fat lost over the winter. They will be looking for suitable nesting sites, as well as potential mates. We can help them by providing them with supplementary foods and always fresh water. If possible provide houses if a natural one is unavailable.

Hedgehog Fact:

Hedgehogs have a coat of around 5000 - 7000 spines. These act as a defence against predators.

When a hedgehog feels threatened it can curl up into a spiky ball, protecting its belly and face.

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01954 780456 - clerk@barhillpc.org.uk
Chairperson: bunty.waters@barhillpc.org.uk

Could you help make a difference to your community?

Councillor vacancies

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to apply and get an information pack

https://www.barhillpc.org.uk

****

Annual Parish Meeting

Thursday 29 April 2021 at 7.30pm

remotely via Zoom due to continuing Covid-19 restrictions.

Contact office@barhill.org.uk for further information and a joining link

Unfortunately we cannot hold our usual gathering of residents and community groups in person this year.

We are hosting a virtual get together to hear plans for the coming months as we hopefully start to re-open after lockdown. Please register to join the meeting and to share your community news and contribute to ideas for enhancing our neighbourhood facilities to keep Bar Hill a great place to live and work.

The Council has recently been joined by several new members; Kevin Potts, Peter Stockton and Khadijeh Zargar. A big welcome to our new councillors and thanks for stepping up to the challenge and generously donating their time to the village. We still need more people! If you are interested in getting involved in how Bar Hill is maintained and developed, please get in touch for an information pack.

The playground equipment is being painted and parts replaced in time for increased use as the weather improves. Unfortunately, there have been several incidences of broken glass being left on the play areas and on the football project pitches. This causes great danger to the amenity users and takes hours to clean up. Please could we ask the people responsible to stop. We would also ask any residents that see glass on these areas to let the Parish Council know in the first instance so that a clean up can be arranged.

A polite reminder that the grass cutting of our green spaces will start again soon when the weather permits. Please help by ensuring vehicles are not left close to amenity areas/utility strips/verges causing obstruction for access by mowers, or potential for damage by grass cuttings or debris. In these cases, the contractor will have to leave the areas uncut. Thank you.

Dogs (Fouling of Land) Act 1996 https://www.gov.uk/report-dog-fouling

Envirocrime https://www.scambs.gov.uk/portal-eform-landing-pages/?u=https://scambs-framwork.egovhub.net/ENVIROCRIMEREPORTINGFORM/launch

https://scambs-framwork.egovhub.net/REPORTABROKENSTREETNAMEPLATE/launch

CCC adopted roads and paths, streetlights https://www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults

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Swavesey Camera Club

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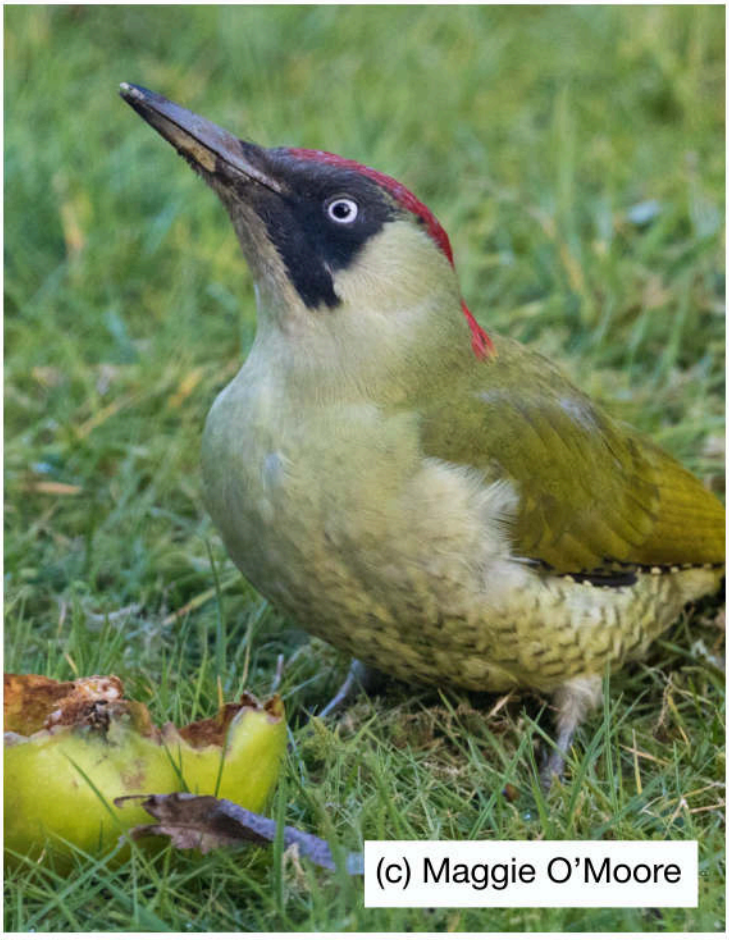
Annual Photographic Exhibition

Our Annual Exhibition has been an established event for many years. It is an important opportunity for club members to demonstrate our photographic vision and skills to the public. Unfortunately we could not hold the 2020 exhibition last April because of the Covid lockdown. Given the continuing uncertainty over public gatherings as we move towards spring, we have decided that we will be holding our 2021 Photographic Exhibition online. Participation by all club members is encouraged and we will have a diverse and fascinating display of digital photographs, AV presentations and images that have scored highly in competition in club and external competitions. The exhibition will commence on Saturday 10th April 2021 and will run for 2 weeks.

For more information on the club please



(c) Maggie O'Moore

Bar Hill Pre-School

Offering term time childcare for children aged 2-4 years.

Open 9am-3pm. We accept childcare vouchers and government funding for 2, 3, 4 year olds.

Preschool is based in a purpose built room on the village hall site with large garden.

For more information call **01954 782892** or email - **enquiries@barhillpreschool.co.uk**

Wildlife Gardening in April.

It might be tempting to start clearing up after winter. However, if you can leave some areas undisturbed, it will help our wildlife.

Birds are now nesting in hedges and shrubs, so it would be good to wait until after the nesting season to trim them. Continue helping our birds by putting food and water out for them. There are many different types of feeder available for different seed such as niger seed. These holders are specifically designed to hold the tiny seed which attracts the finch family such as the beautiful goldfinch.

Get children involved by growing some wonderful flowers to help our insects. Great seeds for them to sow are calendula , Sunflowers , peas and beans. These are all a good size seed. We are likely to get frosts until the middle of May, so be prepared to keep the plants indoors until then.

(c) Liz Dams

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Birthday Corner

5th - 11th April

Happy birthday to Anthony Da Costa who will be celebrating his 40th birthday this week!

12th - 18th April

Happy birthday to Eden Weeks who is turning 14, Callum Thorpe who will be 8, and Oliver Howard who will be celebrating his 7th birthday - all this week!

19th - 25th April

Miriam Comyn will be 7, Lucas Howard is turning 5 and Karen Egan is also celebrating her birthday this week!

And a big happy birthday to Steve Connor who will be turning 50, also this week!

26th - 30th April

Happy birthday to Zoe Bromfield who is turning 44, Oliver Beeton who will be 10, and Joe Dennis who is celebrating his 34th birthday this week!

Happy birthday to all those who are celebrating this month from the Bar Hill News! Remember, if you or a loved one is celebrating a birthday in May, email us at bhneditor@yahoo.com to be featured in next months' Birthday Corner.

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www.buttercupschildcareltd.co.uk

Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email: info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**

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Bin Collection Timetable

Here's the bin collection Timetable for the first few months of 2021. More information (and more dates) is available from the South Cambs website.

Date	Black	Blue	Green
Apr 1	✔		
Apr 10		✔	✔
Apr 16	✔		
Apr 22		✔	✔
Apr 29	✔		
May 7		✔	✔

In addition there is also the option to add Bin Collection dates to your mobile/ tablet computer for automatic reminders!

This QR code will take you directly to the correct page on the South Cambs website.

Covid-19 Support Scheme …Help in this Time of Crisis!

Shopping/Prescriptions:

01954 27 00 60

Foodbank, advice, mental health:

0800 088 6522

Email:

BarHillCovid19Help@gmail.com

Bar Hill Residents Association

Chair	Laura Chapman
Vice Chair	Karen Hayden
Secretary	Karen Hayden
Treasurer	Anne Bensted
Data Prot. Officer	Richard Hayden

Bunty Waters, Mike Nelson, Jo Hall, Roger Hall & Amber Neale

Magazine Editor	Andy Pellew
Features Editor	Lottie Beare
Advertising	Anne Bensted

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

Article Information

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted electronically to **bhneditor@yahoo.com**

NEIGHBOURHOOD WATCH
Bar Hill
Neighbourhood Watch
working for a safer community
BAR HILL
To contact Neighbourhood watch please email nhwinbarhill@yahoo.co.uk
To keep up to date on the latest developments please join us on facebook: http://bit.ly/FBBarHillNHW (or search for "Bar hill NHW")

PUZZLES & GAMES 1/2

WORD TILE — APRIL 2021

A	G	G	G	H	T	O	N	S
B	A	L	G	U	F	R	F	S
B	U	G	G	U	R	S	A	L
B	U	S	H	A	R	S	O	R
C	A	R	I	T	E	T	I	C
D	G	E	L	A	U	T	P	F
D	O	O	L	I	S	T	R	E
D	L	E	M	A	N	T	R	I
F	U	L	O	E	U	V	R	E

BH

					S			
				I	S			
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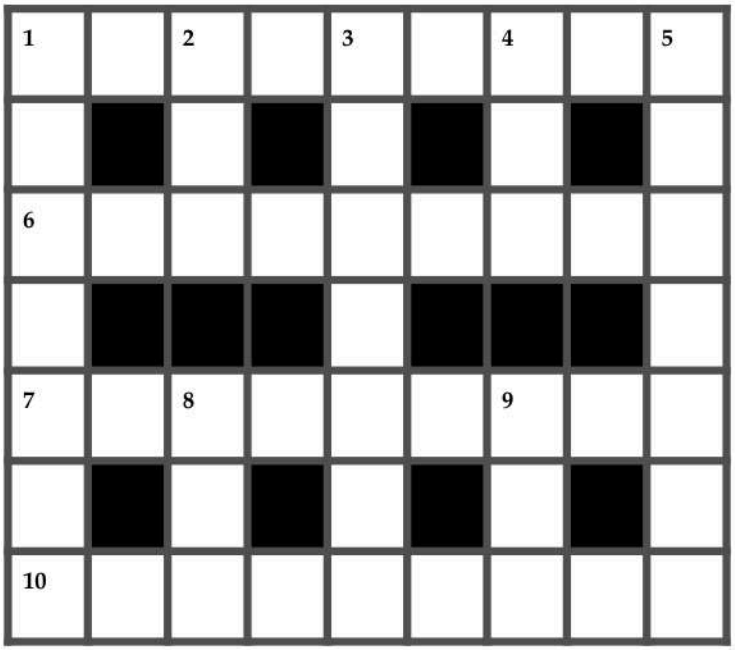
		O			E			
		L			R			
		R	G	U	E	B		
					U			
					U			
					E			

©

AIM: Place the 27 'three character tiles' in the left -hand grid TO the CORRECT spaces in the right hand grid relating to **WARFARE TERMS** containing NINE letters horizontally and in alphabetical order



	3	6			7			4
2			3	8				5
			1			8		3
			4	6		5		
		8				6		
		5		9	8			
7		2			5			
1				3	2			6
4			6			2	8	

3				9			2	5
2	4					7		
	6		5				3	4
		3			6			
6	2						9	7
			1			8		
9	7				3		1	
		2					7	6
1	3			7				8

April Crossword

Across: 1. type of bitters from Spain 6. of a North Atlantic nation 8. surpass 10. estranged.

Down: 1. where Phoenix is the capital 2. category of UK school exam 3. basic (accomodation etc) 4. and german 5. blamed 8. --- chi 9. short for first

Puzzle solutions will be published on the 25th of the Month on the Bar Hill Residents Association Facebook Page (or can be obtained by emailing the editor)

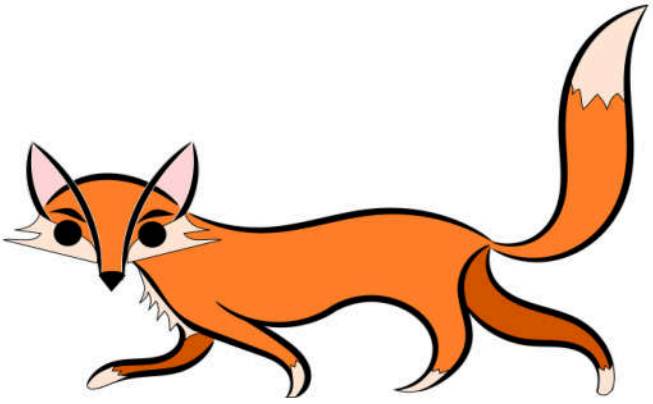
PUZZLES & GAMES 2/2

K F F T I I G T H E S P I N N E Y F R A
K B G P H E A S A N T R I S E A A C O P
P A R T R I D G E D R I V E P C Z H B P
T L Q O F O X H O L L O W G F O Y E I L
T H H T Q Q P D M W G I M Q H R L S N E
H S O G P S S G C V L V N O C N J T C T
E O A L A Q Z I O Z A G I T U A F N L R
B T T X L E V M V S D R F T P V J U O E
R H L D O Y R G Z V E G A E U E U T S E
A E A W R N T A D C S T E R Q N P R E S
M F N A F O W R X N I N O C V U I I E H
B A D T I Q L A E G D G W L O E M S C I
L I S E E Z V X Y E E T Z O C R B E V L
E R A R L O H I C P S T V S H Y A W U L
S W V M D X F N V I Q U Y E F W L N R C
S A E E V W C R A F T S W A Y L F K L R
V Y N A I L I T T L E M E A D O W J A E
X B U D E O U W T H R U F F L E W A Y S
Z I E R W F Y P S T O N E F I E L D Y T
N T G N A A L M O N D G R O V E M L K I

Bar Hill-themed Word-Search

Hidden within this grid are the names of streets within Bar Hill (not all of them I hasten to add!).

There are 23 streets … how many can you find?!



BICYCLE REPAIRS & SERVICING: 07914 655086

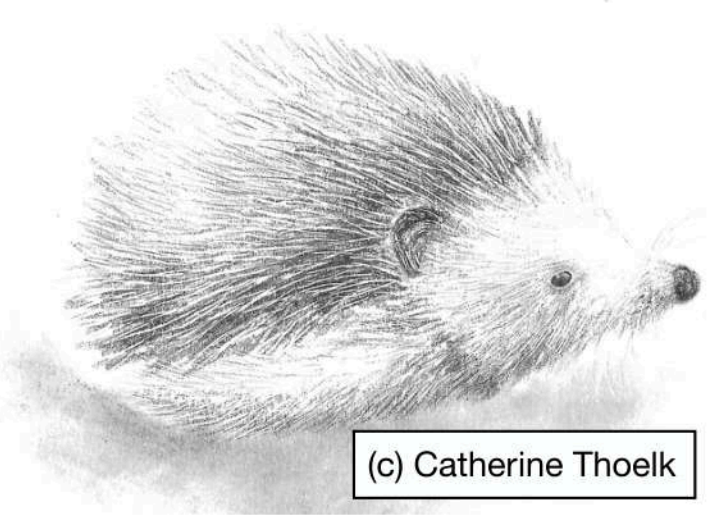
Puzzle solutions will be published on the 25th of the Month on the Bar Hill Residents Association Facebook Page (or can be obtained by emailing the editor)

Connecting the Natural World

Now more than ever we need to put our technology down and get out amongst nature. Even if it's just 15 minutes a day it will make a positive difference to not only our mental wellbeing but our physical too!

Finding the time really is worth it! When you do, stop and listen to the natural sounds around you. Take in the beauty of trees plants and wildlife. For that time we are privileged to be part of their amazing world. There is no doubt it makes us feel better even for that short time. We often forget we are part of nature and we need to connect to it regularly for our well-being. It also makes us appreciate the wonderful natural world. It hopefully makes us want to do our bit to help what we still have for future generations of all species to survive in a healthy world.

If we all picked up just one bit of litter every day, it does make a difference! Imagine a million people and more doing this. By helping the natural world we are helping ourselves. Everything we eat, drink and breathe comes from it. To harm it, we are harming ourselves.



(c) Catherine Thoelk

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https://www.anthonybrowne.org

You can also sign up to an email newsletter which ensures that News and Updates are delivered straight to your inbox.

Alternatively you can follow Anthony on Facebook; **https://www.facebook.com/anthonybrowneMP/**, or. Via Twitter; **https://twitter.com/ab4scambs**

You can write to Anthony at his constituency office;

Broadway House,149-151 St Neots Road, Hardwick CB23 7QJ.

Or call to discuss anything **01223 603677**

New! Under 6 Team

Bar Hill Colts are launching a new Under 6 football team and would like to invite children in Year 1 to take part!

- Is your son or daughter interested in playing football?
- Would they like to have fun and be part of an all inclusive team?
- Would they like to receive quality coaching, befitting a Charter Standard Community Club?

We want to hear from you!

Training sessions take place on Sunday mornings at 10am on the village green or the astro pitch.

To register your interest or for further information please contact Kate Starling by email:

kate.starling@hotmail.co.uk

SPECTRUM CAMBRIDGE

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Spectrum are family focused and passionate about inclusion.
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Additionally we are a recognised agent for Max Card across East Anglia and work closely with Clip n Climb Cambridge on their SEND sessions.

Our membership is free.

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#WEARESPECTRUM

BAR HILL ROSARY GROUP

Dear All,

Rosary Group meetings have to be postponed until further notice. Nevertheless, this particular uncertain time might be a convenient moment for you to develop more personal relationship with Jesus and Virgin Mary to find peace of heart. We may help you by giving away rosary beads with instruction how to start praying. Whether you are new to rosary or not we encourage finding time for a faithful reflection. Please text your address to Agnes (074 3255 0621) and the free kit will be delivered to your door (in Bar Hill). God bless you!

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THE ROYAL BRITISH LEGION

We meet on the 4th Thursday of each month in the Meeting room of the Octagon at 7.30pm. You do not have to have served in the Forces to join the Legion. If you would like to find out more about the Royal British Legion in Bar Hill please contact either Malcolm Cox on **01954488657** or Wendy Arrowsmith on **01954 781381** or come along to the next meeting.

Bar Hill Reuse & Recycle Group

Are you interested in reuse, gifting old items for other people to reuse, or want to share tips on recycling?

There's a new Facebook group with over 600 members that you might be interested in;

https://bit.ly/BHReuseAndRecycle

Please note this isn't a selling group - if you want to sell something there are other groups for that, this one is sharing things for re-use and recycling.

Christmas 2021 Appeal

I hope you all enjoyed having the Christmas Tree in the village centre. We have received numerous positive comments and are planning on attempting to do something bigger and better for 2021.

While the tree was being taken down one of our local residents said;

"I've lived here for 35 years and we have never had a Christmas Tree, its been lovely and just what we all needed!"

With this in mind we (the Bar Hill Residents Association) are currently fund raising for the 2021 Christmas celebration. At the moment the amount raised stands at over **£875** half-way towards the £1,500 target!

If you'd like to contribute we have a goFundMe page; bit.ly/BHRAChristmas2021 (or scan the QR code below). If you'd like to donate but don't want to donate online cheques payable to "Bar Hill Residents Association" can either be left at the Parish Council Offices or dropped at Number 18 Foxhollow.

If you'd like to help please email bhneditor@yahoo.com. Corporate sponsorship welcome!

HAPPY HOURS – April 2021

Hopefully once this lockdown is over we will be able to have Friday afternoon tea in the Bar Hill Sports and Social Club again following whatever the pub rules are at the time.

In the meantime STAY SAFE!

Few jokes (hope no one is offended)

- Ran out of toilet paper and started using lettuce leaves. Today was just the tip of the iceberg, tomorrow romaines to be seen.
- My mum always told me I wouldn't accomplish anything by lying in bed all day. But look at me now, ma! I'm saving the world!
- After years of wanting to thoroughly clean my house but lacking the time, this week I discovered that wasn't the reason.
- Every few days try your jeans on just to make sure they fit. Pyjamas will have you believe all is well in the kingdom.
- This morning I saw a neighbour talking to her cat. It was obvious she thought her cat understood her. I came into my house, told my dog–oh how we laughed!

Anne Plumb, **01954 780364**

GOV.UK

Local Flood Alert Notifications

With storm Christoph behind us if you'd like to receive government notifications for when the next storm with potential to bring heavy rain to parts Cambridgeshire is due to arrive please sign up on this website;

https://www.gov.uk/sign-up-for-flood-warnings

You'll need to provide:

- the address you're registering
- a phone number you can be contacted on day or night
- an email address

You can also register by calling **0345 988 1188** (UK Floodline Number).

Longstanton Bowls Club

Spring is here at last with the longer evenings and easing of lockdown restrictions. Last year, in spite of the restrictions, we did still manage friendly bowling in a socially distanced fashion, and even some competitive bowling. This year we expect to be back to playing all our league fixtures as well as holding our regular club nights.

If you want to ease yourself back into playing outdoor sports, then bowling could be ideal. As usual at this time of year Longstanton Bowls Club is recruiting new members. It doesn't matter if you haven't played Lawn Bowls before as we have plenty of members always willing to provide help and guidance. Everyone is welcome and our membership ranges from juniors to retirees and novices to experienced players.

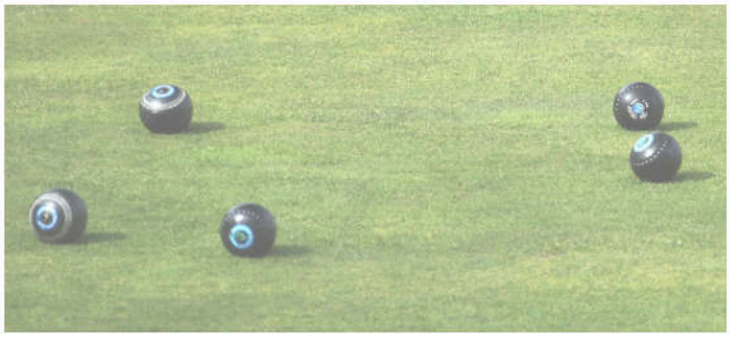
We have many members from surrounding villages, including Swavesey, Over, Willingham, Northstowe, Bar Hill and Cottenham. Don't worry about equipment, as the club can assist with this – just wear flat shoes. We pride ourselves in being a friendly club where the enjoyment comes from taking part. Our bowls green is located on the recreation ground, between the Longstanton Pavilion and the tennis courts, Over Road, Longstanton.

Monday evenings are club roll-up nights, reserved for informal practice in a mildly competitive environment, ideal for beginners. We also have a fun league on Thursday afternoons where you even get points just for turning up!

The club plays in a number of inter-club leagues, some of which are more competitive than others. Away matches give members an opportunity to experience other club's greens and facilities in the Cambridge area. Most of our league matches are during the light summer evenings, starting at 6:30pm. There is also an afternoon league with matches starting at 2pm.

There is plenty of bowls to suit everyone so why not come along and give it a try? The outdoor season runs from late April to September. If you're tempted, please come along to our Open day on Saturday, 17th April 2021 (from 2pm) or alternatively, on Monday evenings in season (from 6pm) to meet some of the members and possibly try your hand. If you just want to watch, then that's fine too.

For more information visit contact Marion Edwards on **01954 780118** or email to **marionedwards1@btinternet.com**. Also visit our web site **www.longstanton-bowls-club.co.uk**.



Bar Hill Future?

The Bar Hill Residents Association is currently looking at the creation of a new charity for the village.

Our view is that having things like the Christmas Lights being run through a charity would allow additional scope for fundraising as well as allowing the charity to take advantage of things like tax-relief on donations.

What are you views on this change? Would you want to be involved in supporting the charity? We are interested in hearing your views on this change.

Please send your questions/ comments to the editors email; **bhneditor@yahoo.com**. We will, of course, update you on progress in future issues!

CHARITY COMMISSION
FOR ENGLAND AND WALES

GOV.UK

ELECTION DAY
6TH MAY 2021

YOU CAN REGISTER TO VOTE ONLINE VIA THE GOVERNMENT WEBSITE; HTTPS://WWW.GOV.UK/REGISTER-TO-VOTE

TO REGISTER IN TIME FOR AN ELECTION, YOU MUST REGISTER AT LEAST 12 WORKING DAYS BEFORE THE POLL (24TH APRIL FOR THIS YEARS ELECTION).

YOU CAN APPLY FOR A POSTAL VOTE (THERE IS NO NEED TO GIVE A REASON) BY COMPLETING THIS FORM;

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